



## Montcrest Athletics By Grade/Term for 2019-2020



	Fall Term	Winter Term	Spring Term
	<b>Sept. 9 - Oct. 26</b> Pre-season Team Clinics on Sept. 4 & 5	<b>Nov. 25 - March 29</b> Pre-Season Team Clinics on Nov. 18-21	<b>April 6 - May 23</b> Pre-Season Team Clinics on April 2-4
<b>Grade 1 Boys/Girls</b>	Intramural - Soccer, Target Games	Intramural - Basketball, Badminton	Intramural - Kickball, Net Games
<b>Grade 2 Boys/Girls</b>	Intramural - Soccer, Target Games	Intramural - Basketball, Badminton	Intramural - Kickball, Net Games
<b>Grade 3 Boys</b>	U10 Dev. Soccer Team Cross Country Dev. Team Intramurals	U10 Dev. Basketball Team Intramurals	U10 Dev. Track & Field Team U10 Dev. Softball Team Intramural
<b>Grade 3 Girls</b>	U10 Dev. Basketball Team Cross Country Dev. Team Intramurals	U10 Dev. Volleyball Team Intramurals	U10 Dev. Soccer Team U10 Dev. Track & Field Team Intramurals
<b>Grade 4 Boys</b>	U10 Dev. Soccer Team Cross Country Team Intramurals	U10 Dev. Basketball Team Intramurals	U10 Track & Field Team U10 Dev. Softball Team Intramurals
<b>Grade 4 Girls</b>	U10 Dev. Basketball Team Cross Country Team Intramurals	U10 Dev. Volleyball Team Intramurals	U10 Dev. Soccer Team U10 Track & Field Team Intramurals
<b>Grade 5/6 Boys</b>	U12 Soccer Team (A & B) Cross Country Team Intramurals	U12 Basketball Team (A & B) Intramurals Novice Curling for Grade 6s	U12 Softball Team (A & B) Track & Field Team Intramurals
<b>Grade 5/6 Girls</b>	U12 Basketball Team (A & B) Cross Country Team Intramurals	U12 Volleyball Team (A & B) Intramurals Novice Curling for Grade 6s	U12 Soccer Team (A & B) Track & Field Team Intramurals
<b>Grade 7/8 Boys</b>	U14 Soccer Team Cross Country Team Intramurals	U14 Basketball Team Curling (Novice & Team) Intramurals	U14 Softball Team U14 Co-ed Ultimate Track & Field Team Intramurals
<b>Grade 7/8 Girls</b>	U14 Basketball Team Cross Country Team Intramurals	U14 Volleyball Team Curling (Novice & Team) Intramurals	U14 Soccer Team U14 Co-ed Ultimate Track & Field Team Intramurals
<b>Notes:</b>	Cross Country, Novice Curling, and Track & Field do not have tryouts, however participants must meet team expectations.		
	U10 Development Teams do not have tryouts, however players must meet team expectations. These teams focus on skill development. They will play inter-squad games and may have exhibition matches.		
	U12 and U14 Teams participate in CISAA league play.		
	U12 Teams will have "A" and "B" levels of play. All tryout for the "A" team. Players not successful will play on the "B" team, which will focus on skill development and play exhibition games.		
	U14 Teams have tryouts and cuts made to maximum team size.		
	Pre-season Sport Clinics will run the week before each season starts for tryout teams - all students interested in teams with tryouts should attend.		
	Start dates and times will be sent out a few weeks before the start of each season. Students can only participate on one team per term.		