

December 11, 2020

Dear Parent or Legal Guardian:

Re: Guidance for the Holiday Season

Toronto is still under Lockdown (**Grey Zone under the Provincial COVID-19 Response Framework**). Toronto Public Health has prepared a [Holiday Guide](#) with information on how you and your family can safely plan for and celebrate the holiday season this year.

The Holiday Guide includes information on:

- Shopping and gift giving.
- Alternative ways to celebrate with family and friends.
- Making events memorable.
- Accessing religious rites and services.
- Managing holiday stress.
- Making donations.

Additional information about gift giving and celebrations specific to the school community is available [here](#).

As we continue to see high rates of COVID-19 cases in Toronto, it is very important that you and your family continue to follow these public health measures:

- Stay home except for essential trips, such as work, school, or healthcare visits.
- Stay home if you have COVID-19 [symptoms](#), even if they are mild, [self-isolate](#), and arrange to get [tested](#).
- Limit gatherings in your home to the people you live with. If you live alone, you may include one person from outside your household.
- Go out for fresh air and exercise only with the people you live with.
- Check in with vulnerable family members, friends and neighbours virtually or by phone.
- Download the [COVID Alert App](#) to be notified if you were close to someone who is contagious with COVID-19.

More information on the Grey Lockdown restrictions is available [here](#). Visit [school information for parents & caregivers](#) regularly for updates.

Thank you for all that you are doing to help reduce the spread of COVID-19 in our community. I would like to wish you and yours a joyous and safe holiday season!

Yours truly,

A handwritten signature in black ink, appearing to read 'Nicole Welch', written in a cursive style.

Nicole Welch RN. BSc. MSc.
Director, Toronto Public Health